

2010

ILLINOIS YOUTH SURVEY

BRIDGEPORT & ARMOUR SQUARE BRIEF REPORT

SIGNIFICANCE

The Illinois Youth Survey (IYS) is a statewide survey administered to students in the 6th, 8th, 10th, and 12th grades.

The IYS includes questions about a number of health-related behaviors, and measures key risk and protective factors that strongly contribute to community-wide substance use rates among youth.

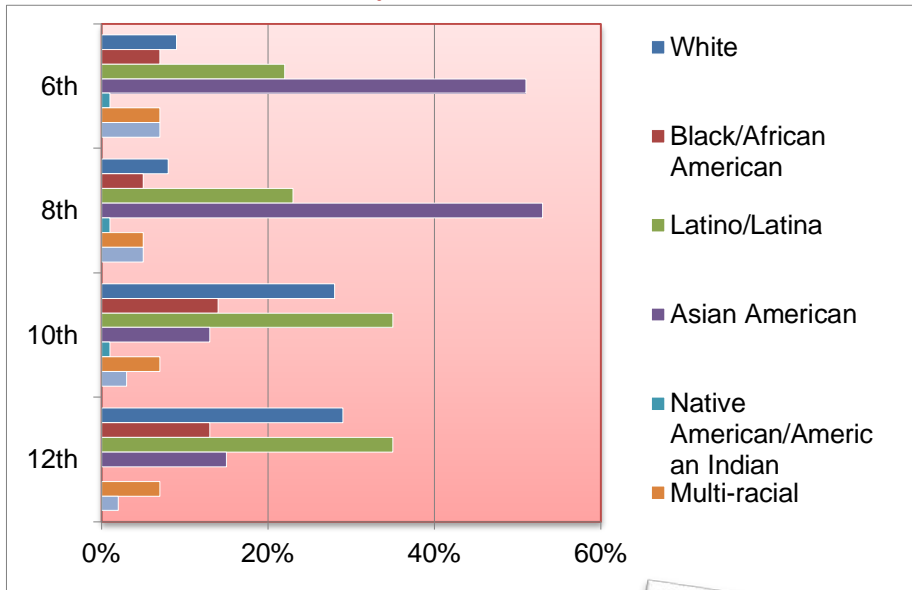
By collecting data from all the following content areas, we are able to offer schools a brief report of key health indicators that can be shared with concerned parents, families, and community groups.



CONTENT AREAS

- **Demographics:** age, gender, grade, race, reduced lunch
- **School:** school attendance, safety
- **Community:** availability of drugs, perception of community attitudes
- **Drug Use:** usage rates, access, age of initiation into use, binge drinking
- **Physical & other Injury:** physical violence, perceptions of harm from drugs
- **Individual/Peer:** bullying, peer substance use, gambling, depression & suicide
- **Nutrition/Fitness:** height & weight, food consumption, physical activity
- **Family:** parent attitude toward youth substance use, family rules

Race & Ethnicity



RACE & ETHNICITY

Over 50% of 6th and 8th grade students who took the Illinois Youth Survey from Bridgeport and Armour Square reported their race or ethnicity as Asian American, and just over 10% of both 10th and 12th grade students identified themselves as Asian American. Differences between these age groups is likely due to the fact that many youth attend magnet and charter high schools outside of their community boundaries.

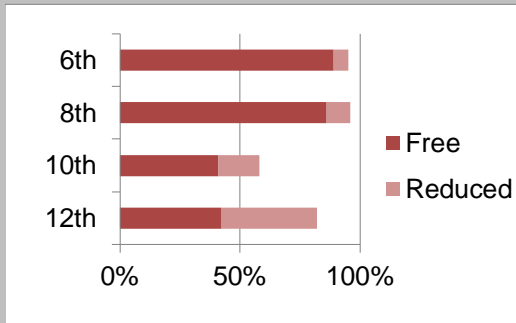
SCHOOL SAFETY:

Between 70% and 80% of respondents in all grades said that they feel safe in their school.

ABSENTEEISM:

- 8% of 6th Graders
- 7% of 8th Graders
- 7% of 10th Graders
- 13% of 12th Graders missed 10 or more days of school in the past year.

Students reported their eligibility for free or reduced lunch as follows:



COMMUNITY ATTITUDES:

The majority of youth believed most adults in their neighborhood would think it was wrong for youth their age to drink alcohol, smoke cigarettes or marijuana. However, by the time youth reach 12th grade these beliefs became weaker. Among 12th grade students, 12% believed most adults in their neighborhood would not think it was wrong at all to drink alcohol, and 18% believed most adults would not think it was wrong at all to smoke cigarettes.

SCHOOLS INCLUDED IN THIS REPORT:

- Armour Elementary School
- Haines Elementary School
- Healy Elementary School
- Holden Elementary School
- Lane Technical High School
- Sheridan Elementary Math & Science Academy
- Ward Elementary School
- Whitney Young Magnet High School

We thank these schools for their participation in the 2010 administration of the Illinois Youth Survey (IYS).

12TH GRADE INITIATION INTO SUBSTANCE USE BY AGE



BINGE DRINKING

Percentage of youth reporting that it is easy to obtain alcohol if they wanted to:

- 6th Grade – 17%
- 8th Grade – 36%
- 10th Grade – 59%
- 12th Grade – 67%

By 12th grade, 39% of students reported consuming alcohol in the past 30 days. Fifty-eight percent of 12th grade students reported consuming alcohol in the past year.

USE OF TOBACCO



By 12th grade, 15% of students admitted to having smoked cigarettes in the past month, and 20% percent of 12th grade students smoked cigarettes in the past year.

Additionally, 8% of 12th grade students claimed to have used other tobacco products in the past month. Friends were the most common source for obtaining tobacco products among 12th grade students along with buying them at a gas station or store.

INHALANT USE

When asked about inhalant use in the past year (such as sniffing glue, household cleaning products, or spray paint), 9% of 6th grade students, 5% of 10th grade students, and 3% of 12th grade students reported to having sniffed, or huffed, such products at least once in an effort to get high.



ALCOHOL & MARIJUANA USE ON SCHOOL PROPERTY:

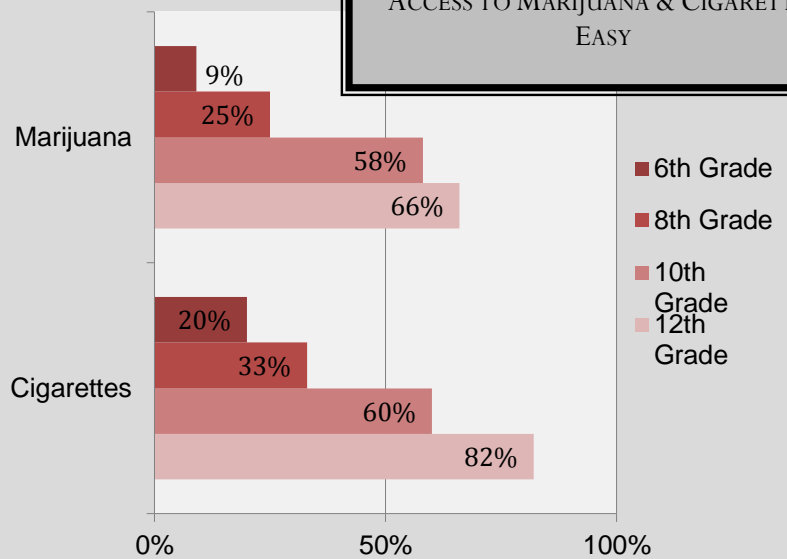
Reported drinking on school property in the past 30 days:

- 2% of 8th Grade Students
- 5% of 10th & 12th Grade Students

Reported using marijuana on school property in the past 30 days:

- 3% of 8th Grade Students
- 5% of 10th Grade Students
- 6% of 12th Grade students

PERCENTAGE OF STUDENTS WHO FIND ACCESS TO MARIJUANA & CIGARETTES EASY



MOST COMMON SOURCES OF ALCOHOL FOR 12TH GRADE STUDENTS

- 33% Party
- 32% Friend
- 17% An Adult
- 16% Parents gave it to them
- 12% Took it from a Parent



OTHER DRUGS

Twelve percent of 12th grade students reported using over-the-counter drugs such as cough syrup for non-medical purposes in the past 12 months.

MARIJUANA USE IN THE PAST YEAR

Reported using marijuana in the past year

- 2% of 6th Grade Students
- 11% of 8th Grade Students
- 25% of 10th Grade Students
- 26% of 12th Grade Students

Additionally, 6% of 12th graders reported using performance-enhancing drugs or body builders such as creatine or fat burners in the past 12 months.

PERCENTAGE OF STUDENTS WHO REPORTED USING SUBSTANCES IN THE PAST 30 DAYS

CIGARETTES

6th Grade: 3%
 8th Grade: 2%
 10th Grade: 9%
 12th Grade: 15%

ALCOHOL

6th Grade: 11%
 8th Grade: 17%
 10th Grade: 31%
 12th Grade: 39%

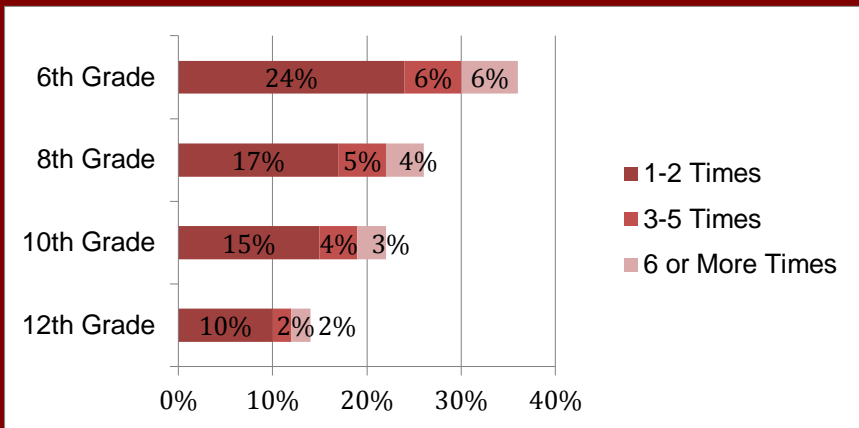
MARIJUANA

6th Grade: 1%
 8th Grade: 6%
 10th Grade: 17%
 12th Grade: 18%

SUICIDE & DEPRESSION:

Twenty-nine percent of 8th graders and 21% of 12th graders admitted to have been so sad or hopeless for a 2-week period during the last year that they stopped their usual activities. Also, 12% of 10th graders and 9% of 12th graders admit to have seriously considered attempting suicide during the past year.

YOUTH INVOLVED IN A PHYSICAL FIGHT IN PAST 12 MONTHS



DATING VIOLENCE

Four percent of 10th grade students and six percent of 12th grade students reported being abused by someone they had been dating in the past 12 months. Additionally, 15% of 12th grade students reported being called names by someone they were dating to make them feel bad about themselves.

BEING BULLIED IN THE PAST 12 MONTHS

Grade	Called Names	Threatened	Physically Abused
6 th Grade	40%	24%	18%
8 th Grade	26%	15%	15%
10 th Grade	15%	10%	6%
12 th Grade	9%	8%	4%

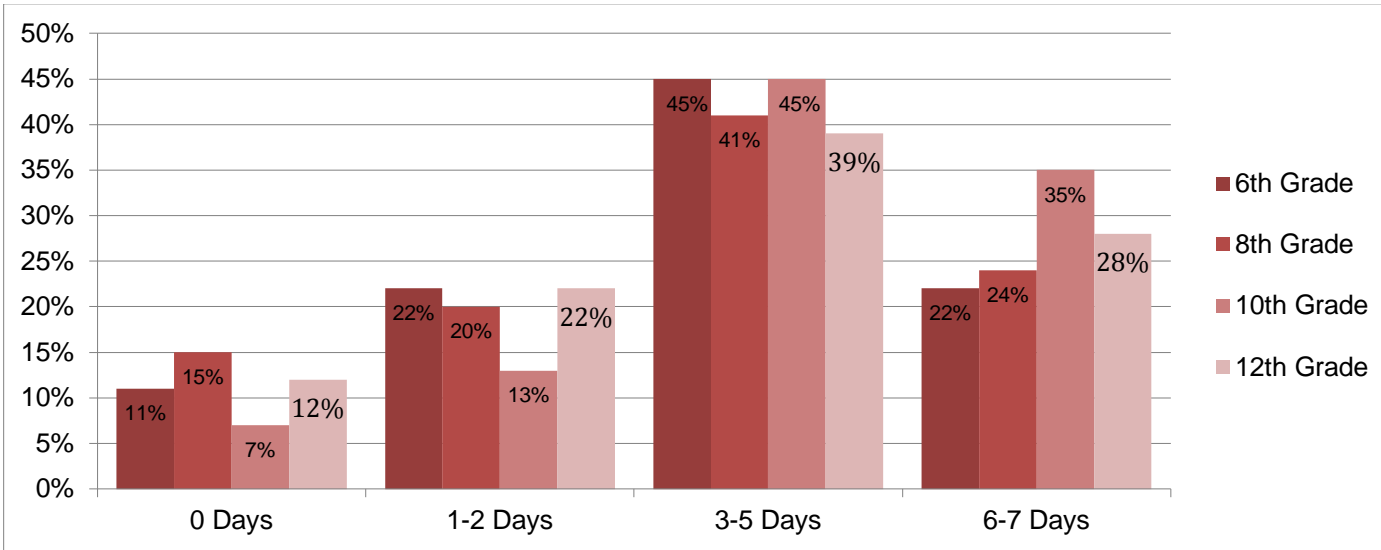
GAMBLING

In the past 30 days, 18% of 10th graders and 16% of 12th graders reported gambling money or other valuables. About twice as many youth reported gambling in the past year. Most of these youth claimed to have first gambled when they were 10 years old or younger.



PHYSICAL ACTIVITY

The recommended amount of physical activity for adolescents is 30 minutes of moderate physical activity, six days per week. Less than 35% of all students participated in the recommended amount of physical activity in the past week. Between 20% to 35% of all youth reported participating in less than 3 days of physical activity during the past week.



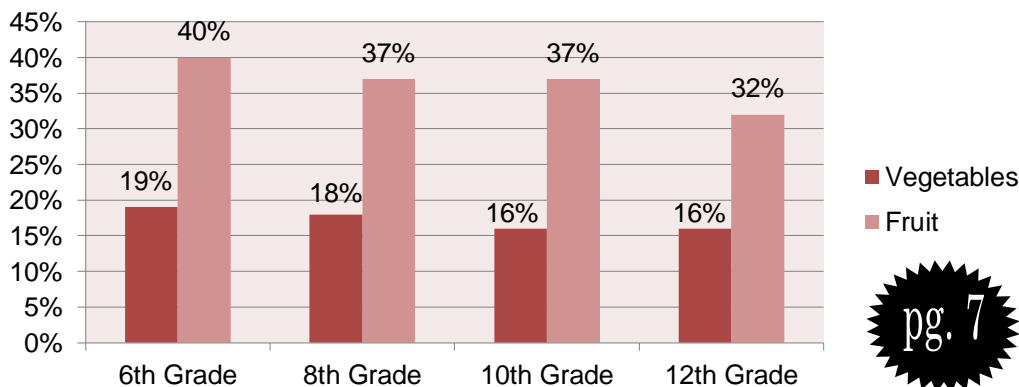
FRUIT AND VEGETABLE CONSUMPTION

VEGETABLES:

6th through 12th grade students rarely consume the recommended amount of vegetables for a health diet. The US Department of Agriculture recommends 3 – 5 servings of vegetables per day.

FRUITS:

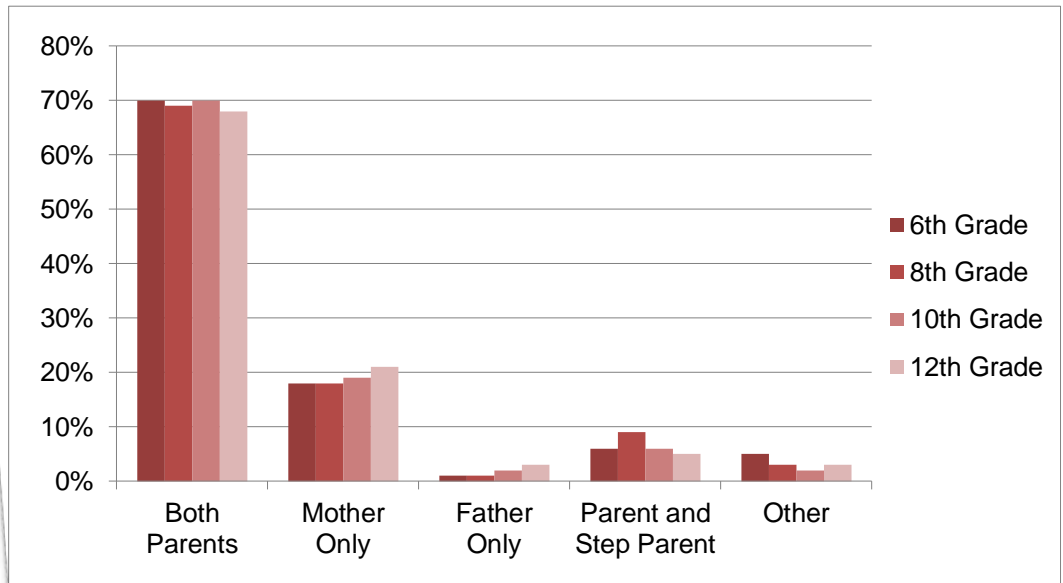
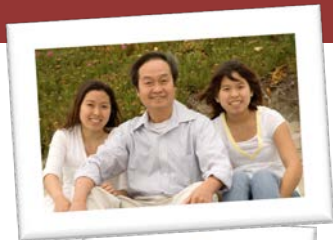
The US Department of Agriculture recommends 2 – 4 servings of fruit per day. More students are consuming the recommended servings of fruit each day compared to vegetable intake. However rates still have room for improvement.



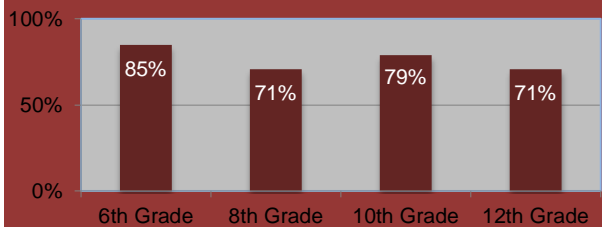
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Percentage of students who consumed the recommended daily values of fruit and vegetables in the past 7 days

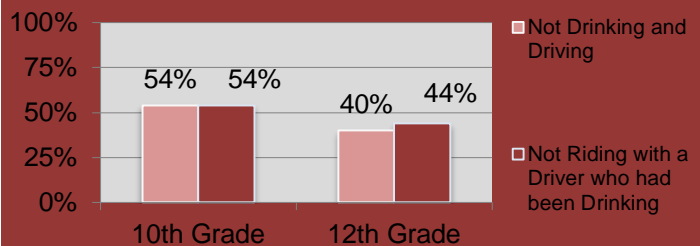
STUDENTS' LIVING ARRANGEMENTS



Percentage of Students Indicating their Family has Clear Rules About Alcohol and Drug Use



Percentage of Students whose Parents Talked to Them about Drinking and Driving in the Past 3 Months



FAMILY COMMUNICATION:

Families are an important influence in the lives of adolescents. Establishing rules and talking to your child about drugs and alcohol can help protect them from peer pressure, substance abuse, depression, and mental health disorders.



**ASIAN
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