



加入一百万人的行列

All of Us 研究项目是什么？

目前，医疗服务通常是标准化的。但是，设想一下，将来你的诊断与治疗可以为你个人量身定制。这就是精准医学，我们能够实现这样的未来。

**All of Us 项目的使命很简单。
我们希望能加速健康研究。**

为此，我们邀请一百万甚至更多人分享他们个人健康数据。这一数据会添加到一个数据库。然后，研究人员可以利用这些数据展开上千项与健康 and 疾病相关的研究。

我们非常严肃地对待隐私。我们使用最新的科技帮助保护数据隐私和安全。



为什么一百万人？

All of Us 研究项目关键是多样性，不同类型的人、数据类型、生活方式。我们对每个人的独特性了解越多，就越能提供定制个人化的医疗照护。这就是为什么我们希望有一百万，甚至更多的人来加入我们的原因。



我为什么要加入？

这很简单。您将为了改善未来几代人健康的研究做出贡献。没有一个人与您完全一样。您独特的健康数据可能会帮助研究人员做出下一个重大的医学突破。

健康的未来从你开始。



我如何参加？

目前，你可以使用英语和西班牙语加入 All of Us.



下载app



访问我们的网站

你可以通过很多不同的方式参与。

我们可能会要求你：



完成网上问卷调查



分享电子病历



提供血液和尿液样本



测量你的身体指标

联系我们：

(844) 842-2855

help@joinallofus.org

目前只使用英语和西班牙语。

JoinAllofus.org

All of Us, All of Us 标志和 "The Future of Health Begins with You" 是美国卫生及公共服务部的标志。

All of Us
RESEARCH PROGRAM



BE ONE IN A MILLION

What is the *All of Us* Research Program?

At the moment, health care is often one-size-fits-all. But imagine a future where your health treatments are tailored to you. This is called precision medicine, and we can make that future possible.

The mission of *All of Us* is simple. We want to speed up health research.

To do this, we're asking one million or more people to share their unique health data. This information will be added to a database. Researchers can then access this data to conduct thousands of studies on health and disease.

We take your privacy very seriously. We use the latest technology to help keep your data private and safe.



Why one million?

The key to the *All of Us* Research Program is diversity. Diversity of people, data types, and ways of life.

The more we know about what makes people unique, the more customized health care can become. That's why we're asking one million or more people to join us.



Why should I join?

It's simple. You'll contribute to research that may improve health for generations to come. There's no one exactly like you. Your unique health data may help researchers find the next big medical breakthroughs.

The future of health begins with you.



How do I get involved?

Right now, you can join *All of Us* in English and Spanish.



Download the app



Visit our website

There are many ways to participate.

You may be asked to:



Take online surveys



Share your electronic health record (EHR)



Give blood and urine samples



Have your physical measurements taken

Contact Us:

(844) 842-2855

help@joinallofus.org

JoinAllofus.org

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All of Us
RESEARCH PROGRAM